Casa Loma Link

105 52nd Ave. E., Bradenton, FL 34203 Phone: (941) 755-8612 Email: casaloma@newbymanagement.com



Please observe the 20 MPH speed limit. This is not an over 55 park so we have kids playing.

Tickets have been issued by the Sheriff's department!!

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CASA LOMA CURRENT BOARD MEMBERS 2021

Steve Long – President

205 52nd Ave Plaza East

Bradenton, FL 34203

860-810-5315

Stevenlong714@aol.com

Lynne Gilbert – Vice President **Edmundo Delgado** – Secretary

308 50th Ave Ter E

Bradenton, FL 34203

941-815-8495

e.delgado.2011@gmail.com

Jeannine Abare – Treasurer

111 52nd Ave E;

Bradenton, FL 34203

518-335-5909

Jeanninebetters@gmail.com

John Bruni – Buildings & Grounds

109 52nd Ave E

Bradenton, FL 34203

207-272-1304

brunijab@yahoo.com

Contact Newby Management at (844) 285-2099 for after-hours related emergencies and Doug Young during regular business hours at (941) 755-8612.

LOCAL NUMBERS

Animal Control 941 742-5933 Code Enforcement 941-748-2071 Elder Helpline 1-800-963-5337 Elder Abuse 1-800-962-2873

FL Highway Patrol (SR 7 - Troop F) 941-751-5350

Sheriff's Dept 941-747-3011 Ext. 2260

CRIMESTOPPERS 1-866-634-8477

PLEASE CALL THE SHERIFF'S OFFICE IF YOU SEE ANY UNLAWFUL ACTIONS TAKING PLACE. NON-EMERGENCY NUMBER IS 941-747-3011 Ext. 2260
DO NOT CALL THE OFFICE

OFFICE HOURS - Monday, Tuesday, Thursdays (excepting national holidays) -9am to 5pm, closed for lunch from 12-1.

VOLUNTEERS OF CASA LOMA INC

Activities:

Co-Directors: Karen Yeager (610) 217-2685

Ron Griffis (586) 303-7639

HELPFUL NUMBERS

Social Security Administration

(SSA).....1-800-772-1213

7am – 7pm business days

Call to provide notification of death or to

inquire about survivor benefits.

U.S. Dept. of Veterans Affairs

(VA).....1-800-827-1000

7am – 7pm business days

Call for survivor benefits, burial benefits or

to provide notification of death.

STOCKHOLDER FEES & DEPOSITS

STOCKHOLDER FEES & DEPOSITS

The monthly maintenance fee is \$75.00 per month, and the payments are due the first of each month. Payments received after the 10th of the month will incur a late fee of \$25.00. **NO CASH WILL BE ACCEPTED!** There is an option to make a single payment in January for the entire year, for which there is a discount of \$12.00. Stop in the office if you would like to change your payment from monthly to annual for 2022.

Any returned checks will be charged \$25.00 and an administrative fee of \$15, for a total of \$40.00. This will be in addition to any charges your financial institution may charge you.

Casa Loma's email address is casaloma@newbymanagement.com
Newby Management 844-285-2099
Community.com
Community.com
<a href="mailto:C

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FROM YOUR BOARD PRESIDENT

If you haven't already heard, I had the pleasure to welcome Douglas Young as our new manager at the September Board meeting. Doug's first day in the office was on Tuesday, September 6th, and



he will follow our established office hours of Monday, Tuesday, and Thursday from 9-12 and 1 to 5.

It was too early in the month for our August Financial Report to be available, so it will be presented at the October meeting, hopefully along with the September report. Our Buildings & Grounds director, John Bruni, gave an update on the reoccurrence of the "otter" holes around our retention pond. He said that we should have bids in for repairs of them within a few days.

Now that we have a permanent manager, we are going to proceed with the activation of the Compliance Committee. The Board will be meeting with the volunteers and Doug to fill the committee members in on the basic requirements for them. Also, now that Doug is our manager we asked him to locate the original application that we submitted to Manatee County for the speed study on 1st Street so that we can prepare a request for a speed study on 4th Street.

In the Shareholder Comments section of the meeting one of our owners expressed concern over the condition of the Electric Tower in the back of his property. He stated that it did not have a cover and that an electrician that was working on his unit told him that it was extremely dangerous and needed to be addressed. Look for the companion article – A Potential Hazzard – about the electric towers in this issue for further information.

Respectfully, Steve Long, President



FOR YOUR GOOD HEALTH

Exercise is a body activity that enhances or maintains physical fitness and overall health and mental wellness. It is performed for various Exercise aids growth and improves strength, and develops muscles. It will also improve your cardiovascular system, hone athletic skills, as well as assist with weight loss or maintenance. It can improve your overall health or simply be for enjoyment. Many individuals choose to exercise where they congregate in groups, socialize, and improve well-being as well as mental stimulation. What are some of the benefits of exercise? In a nutshell exercise can reduce your risk for colon cancer and some other forms of cancer, improve your mood and mental functioning and reduce your chances of getting cardiac disease. It can lower your risk of developing high blood pressure and diabetes.

Some of the best physical activities don't require a gym or ask you to run a marathon. Here are four of the best exercises you can ever do:

- SWIMMING The buoyancy of the water supports your body and takes the strain off painful joints so you can move them more fluidly. Swimming is good for arthritis because it is less weight-bearing. Research has found that swimming can also improve your mental state and put you in a better mood. Water aerobics is another great option. These classes help you burn calories and tone-up.
- TAI CHI This Chinese martial art combines movement and relaxation. Because the classes are offered for people of all ages and fitness levels it makes it very accessible and valuable. It is great for people with balance issues too. You can find Tai Chi classes at your local YMCA, health club community or senior centers.
- STENGTH TRAINING If you believe that strength training is a macho, brawny activity, think again. Lifting light weights won't bulk up your muscles, but will keep them strong. Muscle also burns calories. Start with one or two pound weights. increase weight when it becomes too easy and gradually increase

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- repetitions.
- WALKING Walking is simple, yet powerful. Start with a well-fitting and supportive pair of shoes. Start walking for about 10 to 15 minutes at a time. Over time you can start to walk farther and longer and maybe even faster. Walking can help you keep fit and trim, improve cholesterol levels, keep blood pressure in check and lift your mood. Many of the things you do for fun (and work) count as exercise. Raking or mowing your yard (ride on mowers don't count). So does ballroom dancing, playing with your kids or grandkids. Just get up and do something to keep you alive and active!

FROM THE KITCHEN OF...

Copy Cat Cole Slaw

Ingredients

- 1 Tablespoon onion finely grated
- 1/3 Cup sugar
- 1/2 Cup mayonnaise
- 1/4 Cup buttermilk well shaken
- 1/4 Cup whole milk
- 1-1/2 tablespoons white vinegar
- 2-1/2 tablespoons fresh lemon juice
- 1/2 teaspoon salt
- 1/8 teaspoon black pepper
- 8 Cups or 1-16 ounce bag coleslaw cabbage, finely diced
- 1/4 Cup carrot shredded (omit if you are using bagged coleslaw mix)

Instructions:

- In a large bowl whisk together the first 9 ingredients until smooth and well combined.
 Add diced cabbage and shredded carrots and mix evenly until coated.
- Cover bowl and refrigerate 4 hours minimum or overnight. Stir well before serving.

Contributed by Jeannine Abare

If you have a recipe that you would like to share, please e-mail it to StevenLong714@aol.com.

COFFEE HOUR IS BACK

Casa Loma's weekly Saturday Morning Coffee Hour will be resuming on October 1st at 9 AM with a special Medicare and You presentation, and will be hosted



by Jimmy Campana. Bring your cup and enjoy fellowship with your fellow residents as you munch on a donut, drink a cup of coffee, and talk about whatever is on your mind. Then starting on October 8th it'll be our "normal" coffee hours. Remember to bring your own coffee cup and \$1 for a donut for those sessions.

A POTENTIAL HAZZARD



You have one of these in your back yard! This is a "Power Tower" and it distributes electricity to your home and those of three of your neighbors. It is also where the electric meter is that FPL uses to send their monthly bill to you for the electricity that you use.

This tower is in good shape, but as mentioned in this month's **From Your Board President's** article, not all of these towers are in good shape. At the September

board meeting one of our owners reported that his tower was missing the top cap. An electrician was servicing his property and happened to see the that the cap was gone and he said that it was an extremely hazardous situation and should be corrected. We suspect that there are other towers in the park that are missing caps or side covers, seriously leaning to one side, and where the glass covers that go in front of the meters are damaged or missing. All of these situations can allow water to get into the tower and cause a short circuit, fire, or serious injury if one should touch a compromised tower.

The electrician said that these units are obsolete and parts are no longer available for them and that the only recourse is to replace the unit. The cost to do so could well exceed \$6,000. The owner

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inquired as to what Casa Loma is going to do about his situation. Our regional manager from Newby Management, Mark Lind, stated that Casa Loma is not like 90% of the other HOA's in our area. Since you own the land your home is on, and according to our documents since the tower is on your land it is your responsibltly to ensure that it is in good conditon. We strongly suggest that you and your neighbors examine the tower that serves your units and determine if you may have a situation that may require immediate attention. If it does, contact a registered electrician to determine what needs to be done to it.

IT'S A PARTY...



Join your neighbors for a *Halloween Pizza and Candy Party*. Come to the pavilion at 6 PM on Saturday, October 29th. If the weather isn't cooperating, we'll move it to the Activities Hall. Pizza, candy, lemonade and water

will be provided. Costumes are optional!

ADVANCE SIGNUP IS REQUIRED

COOKOUTS RETURN (SORT OF)

As you may know, the Sunday afternoon cookouts were discontinued at the end of August. We've had a number of people asking if there was any way that they could continue. We've decided to have cookouts on the **1st Sunday of the**



month at the Pavilion. The grill will be fired up at 1:00PM and we'll still be providing hot dogs and hamburgers, buns, condiments, and water. We encourage everyone to bring some food to share (salads, desserts, snacks, soft-drinks, etc.).



OCTOBER

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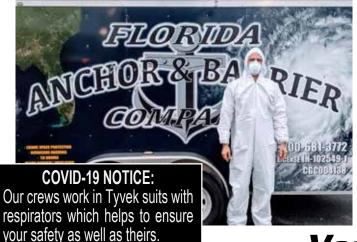
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Are you on Facebook? If you are and have not joined the Casa Loma Shareholders page we strongly encourage you to do so. Besides getting to know your fellow residents,

it's one way that we have to get late breaking news and announcements out to everyone. In the past our members have requested help on minor repairs along with seeking recommendations of companies that provide repair services. Our page is a "closed" page! Only owners of property in Casa Loma are eligible to join. To join you must provide your full name, the address of the property that you own, and to be respectful on this page. In Facebook search for "CLShareholders".



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October Crossword

ACROSS

- 1. Abbey area
- 5. Avoid
- 10. Declines
- 14. Mongrel
- 15. Fables
- 16. Adopted son of Claudius
- 17. Out of breath
- 19. Alumnus
- 20. East southeast
- 21. Metal fastener
- 22. Noodles
- 23. Substitute
- 25. French for "Red"
- 27. Donkey
- 28. Wizard
- 31. Profundity
- 34. Perhaps
- 35. Malayan isthmus
- 36. Mormon state
- 37. Flying toys
- 38. Burn the surface of
- 39. Our star
- 40. Not over
- 41. Invoke misfortune
- 42. Greek goddess
- 44. Before, in poetry
- 45. Farewell
- 46. Dissent
- 50. Snow house
- 52. Fool
- 54. Neither
- 55. Neophyte, in modern slang
- 56. In an overly proud manner
- 58. Pitch
- 59. Late Superman actor,
- Christopher
- 60. Notices
- 61.1111
- 62. Sea eagles
- 63. Once, long ago



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1. Yellowish-brown

- 2. Pocketbook
- 3. Precipitous
- 4. Estimated time of arrival
- 5. High standards
- 6. Flow controller
- 7. Away from the wind
- 8. Type of warship
- 9. S
- 10. Captivate
- 11. Ancient Norse warrior
- 12. Spoiled child
- 13. Fizzy drink

DOWN

- 18. Garbage22. Purple shade
- 24. Strip of wood
- 26. Spheres
- 28. Satisfies
- 29. Ages
- 30. Scarce
- 31. Detritus
- 32. Decorative case
- 33. Buffoon
- 34. Summer solstice
- 37. Leg joint
- 38. Tallow source

- 40. Freshwater mussel
- 41. Hag
- 43. Sun-dried bricks
- 44. Wears away
- 46. Put to the test
- 47. Go in
- 48. Undersides
- 49. Secret meeting
- 50. Not "Out of"
- 51. Thug
- 53. Portent
- 56. Anger
- 57. South southeast



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October Word Search

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						9:00 AM • Coffee Hour PLUS Medicare & You by Jimmy Campana, a Medical Solutions Expert
2 11:00 AM - Harvest Church En español Pastor Edmundo Delgado	8	4	9	9	7	8 9:00 AM - Coffee Hour - Bring Coffee Cup & S1
11:00 AM - Harvest Church En español Pastor Edmundo Delgado	10	11 6:30 PM • Monthly Board Meeting	12	13	14	15 9:00 AM - Coffee Hour - Bring Coffee Cup & S1
11:00 AM - Harvest Church En español Pastor Edmundo Delgado	17	18	19	20	21	22 9:00 AM • Coffee Hour • Bring Coffee Cup & S1
23 11:00 AM - Harvest Church En español Pastor Edmundo Delgado	24	25	26	27	28	9:00 AM - Coffee Hour - Bring Coffee Cup & \$1 6:00 PM - Halloween - Pizza & Candy Party at Pavillion
30 11:00 AM - Harvest Church En español Pastor Edmundo Delgado	31 Haren Halewen					© BlankCalendarPages.com

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